










Elmwood & Ashley January 2019 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Serving with Compassion, Care and Courage</p> <p>Elmwood & Ashley Recreation Therapy Team:</p> <p>Connie x4345 (Recreation Therapist) Jessica x4278 (Recreation Therapy Assistant) Rebekah x4348 (Music Therapist) Karie x4294 (Music Therapist & Department Clinical Lead)</p>		<p>1</p> <p>10:00 New Years Day Mass (Linamar Auditorium)</p> 	<p>2</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Euchre (2 East Dining room)</p> <p>1:30 Pathways with Jessica</p> <p>2:00 Neighbourhood Time with Jessica</p> <p>6:30 Music Night with Karie (Linamar Auditorium)</p>	<p>3</p> <p>9:30 Mass (Chapel)</p> <p>9:30 Multi-sensory visits with Connie</p> <p>10:00 Italian Coffee Club (Linamar Auditorium)</p> <p>1:30 Community Bingo (Linamar Auditorium)</p> <p>2:30 Neighbourhood Time with Jessica</p>	<p>4</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Neighbourhood Time with Connie</p> <p>10:15 Piano Music with Ramona</p> <p>3:00 Supportive Recreation with Connie</p>	<p>5</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Montessori Activities with Connie</p> <p>1:15 Matinee Show: The Best of The Dean Martin Variety Show (Linamar Auditorium)</p>
6	7	8	9	10	11	12
<p>10:00 Mass (Linamar Auditorium)</p> <p>2:00 Afternoon Church Service: Freedom House Church (Linamar Auditorium)</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Coffee Hour</p> <p>10:00 Neighbourhood time with Jessica</p> <p>11:00 1:1 Visits with Jessica</p> <p>1:30 Exercise class</p> <p>6:30 Lions Bingo on 3 West</p>	<p>9:30 Mass (Chapel)</p> <p>9:30 Pet visits with Finnegan</p> <p>3:00 Montessori Activities with Connie</p> <p>6:30 Evening Social with Connie</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Euchre (L&C Dining Room)</p> <p>10:00 Bridging Generations Program (Linamar Auditorium)</p> <p>1:30 Exercise class</p> <p>1:30 Pathways with Jessica</p> <p>2:00 Neighbourhood Time with Jessica</p> <p>6:30 Music Night with Karie (Linamar Auditorium)</p>	<p>9:30 Mass (Chapel)</p> <p>9:30 Multi-sensory visits with Connie</p> <p>10:00 Italian Coffee Club (Linamar Auditorium)</p> <p>1:30 Community Bingo (Linamar Auditorium)</p> <p>1:30 Recreation Supported Music Therapy with Rebekah & Jessica</p> <p>2:30 Neighbourhood Time with Jessica</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Harp Music with Wendy (Town Square)</p> <p>10:00 Neighbourhood Time with Connie</p> <p>1:30 Exercise Class</p> <p>3:00 Supportive Recreation with Connie</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Active games with Jessica</p> <p>1:15 Movie Matinee: The King's Speech (Linamar Auditorium)</p> <p>3:30 Friendly visits with Jessica</p>
13	14	15	16	17	18	19
<p>9:30 Mass (Linamar Auditorium)</p> <p>2:00 Afternoon Church Service: Three Willows United (Linamar Auditorium)</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Coffee Hour</p> <p>10:00 Neighbourhood time with Jessica</p> <p>11:00 1:1 Visits with Jessica</p> <p>1:30 Exercise class</p>	<p>9:30 Mass (Chapel)</p> <p>9:30 Pet visits with Finnegan</p> <p>1:00 Family Council Meeting (Level 1 Family Room)</p> <p>3:00 Montessori Activities with Connie</p> <p>6:30 Evening Social with Connie</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Euchre (L&C Dining Room)</p> <p>10:00 Bridging Generations Program (Linamar Auditorium)</p> <p>10:30 Anglican Service(Chapel)</p> <p>1:30 Exercise class</p> <p>1:30 Pathways with Jessica</p> <p>2:00 Neighbourhood Time with Jessica</p> <p>6:30 Music Night with Karie (Linamar Auditorium)</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Italian Coffee Club (Linamar Auditorium)</p> <p>9:30 Multi-sensory visits with Connie</p> <p>1:30 Community Bingo (Linamar Auditorium)</p> <p>1:30 Recreation Supported Music Therapy with Rebekah & Jessica</p> <p>2:30 Neighbourhood Time with Jessica</p>	<p>9:30 Mass (Chapel)</p> <p>10:00 Neighbourhood Time with Connie</p> <p>1:30 Exercise class</p> <p>1:30 Long Term Care Resident's Council (Linamar Auditorium)</p> <p>2:30 "New" Residents Welcome Social (Linamar Auditorium)</p> <p>3:00 Supportive Recreation with Connie</p>	<p>9:30 Mass (Chapel)</p> <p>1:15 Matinee Show: BBC Earth "Nature's Great Events" (Linamar Auditorium)</p> 

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>10:00 Mass (Linamar Auditorium)</p> <p>2:00 Afternoon Church Service: Parkview Church (Linamar Auditorium)</p> 	<p>21</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Coffee Hour</p> <p>10:00 Neighbourhood time with Jessica</p> <p>11:00 1:1 Visits with Jessica</p> <p>1:30 Exercise class</p>	<p>22</p> <p>9:30 Mass (Chapel)</p> <p>9:30 Pet visits with Finnegan</p> <p>3:00 Montessori activities with Connie</p> <p>6:30 Evening Social—Music by Sharon</p> 	<p>23</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Euchre (2 East Dining room)</p> <p>10:00 Bridging Generations Program (Linamar Auditorium)</p> <p>1:30 Exercise class</p> <p>1:30 Pathways with Jessica</p> <p>2:00 Neighbourhood Time with Jessica</p> <p>6:30 Music Night Celebrating Robbie Burns with Highland Dancers (Linamar Auditorium)</p>	<p>24</p> <p>9:30 Mass (Chapel)</p> <p>9:30 Multi-sensory visits with Connie</p> <p>10:00 Italian Coffee Club (Linamar Auditorium)</p> <p>1:30 Community Bingo (Linamar Auditorium)</p> <p>1:30 Recreation Supported Music Therapy with Rebekah & Jessica</p> <p>2:30 Neighbourhood Time with Jessica</p>	<p>25</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Neighbourhood Time with Connie</p> <p>1:30 Exercise class</p> <p>3:00 Supportive Recreation with Connie</p>	<p>26</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Creative Arts with Jessica</p> <p>1:15 Matinee Movie: Shall We Dance (Linamar Auditorium)</p> <p>3:30 Friendly visits with Jessica</p>
<p>27</p> <p>10:00 Mass (Linamar Auditorium)</p> <p>2:00 Afternoon Church Service: Crestwicke Baptist Church (Linamar Auditorium)</p> 	<p>28</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Neighbourhood time with Jessica</p> <p>10:00 Coffee Hour</p> <p>11:00 1:1 Visits with Jessica</p> 	<p>29</p> <p>9:30 Mass (Chapel)</p> <p>9:30 Pet visits with Finnegan</p> <p>3:00 Montessori activities with Connie</p> <p>6:30 Evening Social with Connie</p> 	<p>30</p> <p>9:30 Mass (Chapel)</p> <p>10:00 Bridging Generations Program (Linamar Auditorium)</p> <p>10:00 Euchre (2 East Dining room)</p> <p>1:30 Exercise class</p> <p>1:30 Pathways with Jessica</p> <p>2:00 Neighbourhood Time with Jessica</p> <p>6:30 Music Night with Karie (Linamar Auditorium)</p>	<p>31</p> <p>9:30 Mass (Chapel)</p> <p>9:30 Multi-sensory visits with Connie</p> <p>10:00 Italian Coffee Club (Linamar Auditorium)</p> <p>1:30 Community Bingo (Linamar Auditorium)</p> <p>1:30 Recreation Supported Music Therapy with Rebekah & Jessica</p> <p>2:30 Neighbourhood Time with Jessica</p> <p>6:30 Pub Night with Mutt & Jeff "Nickelodeon Show" (Linamar Auditorium)</p>	<p>Programs in BOLD PRINT are open to <u>all</u> residents, patients and their loved ones</p> <p>Programs in <i>ITALICS</i> are run by our wonderful St. Joseph's volunteers</p> <p>In addition to the programs listed, a wide variety of one-to-one programs and services are offered and arranged for individual needs and interests</p> <p>Recreation Therapy Department programs and services are offered to Long Term Care, Complex Continuing Care, Inpatient Rehabilitation participants, and their loved ones. We regret that we cannot accommodate others.</p> <p>Think GREEN! Recreation Calendars are available at: https://www.sjhc.ca/clients-and-visitors/health-centre-services-resources/client-activity-calendars/</p>	
 <p>The Recreation Therapy Department welcomes: Alicia Pilgrim, Music Therapy Intern and Gillian Elder, Recreation Therapy Intern!</p>						