

What can I expect to happen?

We will do many things to help you. We will ask for your help as well.

Your health care team will give you information and support so you can safely manage at home and to maximize your wound healing.

If needed, we may refer you to an inpatient rehabilitation unit for further care.

We will help refer you to one of two ADP authorized amputee clinics within the Waterloo Wellington region. They will do a comprehensive assessment to help determine your needs. This assessment can happen as soon as you are medically well enough to attend.

The amputee team will determine if trying a prosthesis is right for you. Please note that using a prosthesis can be very hard. It may not be right in every case of amputation.

Once we know that a trial with a prosthesis is appropriate, we will help you have physiotherapy. You can then learn how to walk and care for the prosthesis.

We have other services to help you. These include occupational therapists to help you in your day-to-day activities, social workers to help with non-medical needs, and a registered dietitian to tell you about the right foods for recovery.

Questions? We are happy to help!



Grand River Hospital Prosthetic and Orthotic Clinic (Freeport Site):

3570 King Street East, Kitchener
Phone: 519-749-4300
Clinical secretary ext. 7309
Physiotherapist ext. 7237
Fax: 519-894-8307



St. Joseph's Health Centre Guelph Amputee Clinic:

100 Westmount Rd, Guelph
Phone: (519) 767-3414
Fax: (519) 767-4160



Amputee Care and Rehabilitation



How can we help you?

We understand that having an amputation is very difficult. We will do everything we can to help you in your recovery.

In Waterloo Region and Wellington County, we have a team to help you after an amputation.

Our two clinics in Guelph and Kitchener

We can help you with:

- Caring for your wound;
- Receiving physiotherapy;
- Linking you with assistive devices or prosthetics when appropriate; and
- Getting in touch with other care providers.

How can I access the clinic?

A physician (and in most cases, your surgeon) will refer you to one of our two clinic locations:

Grand River Hospital's Freeport Site in Kitchener serves residents of Kitchener, Waterloo, Cambridge, and surrounding areas surrounding areas.

St. Joseph Heath Centre Guelph provides amputee care to residents of Guelph and surrounding areas.

We will refer you to the clinic closest to your home location. If you want to go to another clinic, tell us and we will be happy to help you.

Who will be helping you?

We have a team of people who specialize in caring for people with recent amputations. We can also access other health professionals to support you.

We all want to help you. Please ask us any questions you have. If we do not have an answer right away, we will be sure to find out for you.

A physiatrist is a doctor who specializes in physical medicine and rehabilitation. They will do your medical assessment and oversee the team members who will manage your medical care.

A prosthetist will help you through the assessment process to determine your prosthetic needs. He or she will also make and fit your prosthesis. They will also provide follow-up adjustments and help you maintain your prosthesis.

A physiotherapist will also help as you get assessed for your prosthetic needs. They will help you with ongoing treatment through the outpatient therapy services.

The physiotherapist will also:

- Help you become independent without a prosthesis;
- Show you how to use a prosthetic;
- Support you in walking with confidence, and doing day-to-day activities with your prosthesis.

Our clinic secretary will book your appointment(s) in the clinic and contact you with follow-up information.

Our clinics are registered with the ADP (Assistive Devices Program)

Both of the clinics at Grand River Hospital and St. Joseph's Health Centre Guelph are registered with the Ministry of Health's Assistive Devices Program (ADP).

Also, clinic team members are all registered authorizers with ADP.

ADP will partially fund the cost of an **approved** device and/or service.

You will be responsible for part of the cost of any prosthesis prescribed by the prosthetic team.

Once we can make a prosthetic prescription for you, your prosthetist will give you more information about the cost.

We will tell you more about ADP when you visit us. You are also welcome to contact the Assistive Devices Branch at the Ministry of Health. They are available at the following website:

www.health.gov.on.ca/en/public/programs/adp/

You are responsible for the payment of any device or service not covered by this program. If you have private insurance this may help with these costs.