

Personal Belongings – Hospital Programs

SJHCG takes every effort to make your stay with us as comfortable and safe as possible. Clients are able to personalize their living space with a few personal items such as pictures, a calendar, or a favourite bedspread/comforter. Nails and thumbtacks are not permitted on the walls. All personal items brought in will be labeled.

We encourage clients to be selective when deciding which personal items to bring with them. SJHCG is not responsible for lost or damaged personal belongings or valuables.

Clothing

Clients are responsible for their own laundry. Please ask a family member or friend to take your dirty clothing home with them when they visit. In the case where this is not possible, please ask the unit clerk for contact information for laundry services in the area. Hospital gowns are available.

Generally speaking, clothing should be washable, comfortable to wear, and loose-fitting. Suggested items to consider bringing, as appropriate, include:

- Underwear
- brassieres and/or undershirts
- dresses and slips (if appropriate)
- pants and/or trousers
- sweaters, shirts/tops to wear with pants and/or trousers
- cardigan sweater(s) and/or sweatshirt(s)
- socks and/or pantyhose
- nighties and/or pyjamas
- housecoat(s) and slippers
- at least one pair of supportive shoes with rubber soles
- a coat or jacket and a hat
- mittens or gloves and boots (if applicable)

Due to limited storage space, 'out-of-season' clothing should be stored with the client's family.

Toiletries

Basic toiletry items such as hand soap and body lotion are provided; however, clients are welcome to bring in preferred items from home. Clients are asked to bring in their own additional toiletry items including deodorant, make-up, mouth care products, hairbrush, comb, mirror, shampoo, electric razor, hand cream, nail care kit, incontinence products if required.

SJHCG is a scent-free facility. Please do not bring perfumes or scented products.

Assistive Devices

If you use a walker, cane, or wheelchair, please bring them with you. Also bring dentures, eye glasses, hearing aids, and/or ostomy supplies and ensure these items are marked for identification before admission to SJHCG and when new items of this kind are purchased.

Medications

SJHCG has an onsite pharmacy for the medication needs of palliative care patients. If you require a medication that SJHCG does not supply, you may be asked to bring it from home.

Televisions and Electrical Appliances

Hand-held hair dryers are available on each neighbourhood, but clients can bring their own. Please do not bring any electrical appliances other than an electric razor until you have discussed it with your healthcare team. Electric razors are recommended over the manual kind.

Each room comes equipped with a television that can be connected through subscription. Cable television access can be purchased through the Business Office. If you have shared accommodation, we request that you purchase wireless headphones.

Telephones

There is a telephone in each room and telephones on each neighbourhood for client use. Clients should contact our Business Office and telephone service provider directly to activate personal service for the telephone in their room. Once the telephone is in service, the provider will bill clients directly for the cost of installation and any subsequent monthly or long-distance charges. To make a long-distance call from a neighbourhood phone, clients will need a calling card.